



# VITA LIBERATA LUXURY TAN



## PREPARATION

Shower and exfoliate 24 hours before tanning with an oil free product. We recommend **Super Fine Body Polish**.

Hair removal (waxing/shaving) should be done at least 24 hours prior to tanning.

Avoid moisturising for 24 hours prior to tanning as even after showering residue can remain on the skin.

On the day of your tan don't wear any make-up, deodorant or perfume, body oils or lotions.

## AFTERCARE

### *Immediately after your spray tan:*

Remember the instant tan colour you see is only a guiding bronzer. Your tan will develop within 6 - 8 hours.

Keep hands and skin completely dry for 6 - 8 hours.

Do not apply cosmetics or skincare products over the developing tan.

Avoid activities that make you perspire for 6 - 8 hours after the tan is applied.

### *After your tan has developed:*

To allow maximum DHA development, wait 6 - 12 hours before showering.

- **Pale / Hard to tan skin:** 8 - 12 hours
- **Medium / Dark skin:** 6 - 8 hours

Shower with warm water. Once the water runs clear, use a shower gel containing no essential oils and pat the skin dry.

Avoid using skincare products that contain alpha hydroxyl acids (AHAs) as they will strip your tan.

Do not wax / shave for 24 hours as this removes layers of skin and will remove the tan too!

Moisturise twice daily, with product that doesn't contain essential oils like Vita Liberata **Moisture Boost Body Treatment**.

## REMEMBER

Results will vary depending on the individual. Pale skin will not be the same colour after tanning as dark / sallow skin.

Chlorine, perfume, deodorant, products containing essential oils, dehydration and skin health can all affect your tan result.